

Anti-Racist Reading and Resource List

Action must be grounded in as thorough an understanding of the issue as possible (praxis aligned with reflection).-- Cheryl N. Grills, Ph.D.

Reading

[New York Times Antiracist Reading List by Ibram Kendi](#)
Curated by Ibram X. Kendi a historian leading antiracist voices. He is a #1 New York Times bestselling author and the Founding Director of The Antiracist Research & Policy Center at American University in Washington, DC.

Grills, Cheryl N, Enola G Aird, Daryl Rowe, and Bryant Keith Alexander. "Breathe, Baby, Breathe: Clearing the Way for the Emotional Emancipation of Black People." Cultural Studies ↔ Critical Methodologies 16.3 (2016): 333-43. Web.

How to respond to "riots never solve anything!" by Rafi D'Angelo A quick roundup of how to respond to critiques of protests/riots.

I Am So Tired by Robert Sellers, VP of Diversity, Equity, & Inclusion at University of Michigan

An Uprising Was Inevitable by Zenobia Jeffries

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Reading

[SDSU Library Archive - Race Relations in America \(1943-1970\)](#)

Race Relations in America is a collection of documents produced by the American Missionary Association's Race Relations Department between 1943 and 1970 to investigate problem areas in race relations and develop methods for educating communities and preventing conflict.

This collection includes primary and secondary resources such as:

- Audio recordings of speeches
- Photographs of the participants at the Annual Race Relations Institutes
- Survey material covering school desegregation, church integration, employment practices, housing and recreation, including interviews and raw data, and the resulting analyses, statistics and reports.
- Detailed case studies on race relations in cities such as Baltimore, Pittsburgh, Minneapolis, Trenton, Nashville, and San Francisco

[Representations of the Civil Rights Movement and Black Lives Matter in Comics" exhibit](#)

[Uprooting Whiteness \[Supremacy & Domination\]](#)

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Reading

[Making Space for Restorative Justice by Amanda Abrams](#)
Some prosecutors and policymakers are beginning to work toward a legal system designed to benefit all people

hooks, b. (1994). *Teaching to Transgress: Education as the Practice of Freedom*. New York: Routledge.

hooks, b. (2003). *Teaching Community: A Pedagogy of Hope*. New York: Routledge.

Coates, T. (2015). *Between the World and Me*. New York: Spiegel & Grau.

Crump, B. (2019) *Open Season*. New York: Harper Collins Publishers.

DeGruy, J. (2017). *Post Traumatic Slave Syndrome*. Joy DeGruy Publications, Inc.

Diangelo, R. (2018). *White Fragility: Why It's So Hard for White People to Talk About Racism*. Boston: Beacon Press.

Kendi, I. (2019). *How to Be and Anti-Racist*. New York: One World.

Lorde, A. (1984) *Sister Outsider: Essays and Speeches* by Audre Lorde. Berkeley: The Crossing Press.

Smith, M. (2016). *Invisible Man, Got the Whole World Watching*. New York: Nation Books.

Ward, J. (2016). *The Fire This Time: A New Generation Speaks about Race*. New York: Scribner.

Documentaries

13th

I Am Not Your Negro

When They See Us

Citizen King

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Advocacy

Grassroots Law Project:

612-324-4499

This organization provides anyone who calls with instructions on contacting government officials in Minneapolis and Minnesota.

#Flatten ICE:

Interested people can call detention facilities on Tuesdays as part of the "#Flatten ICE, #Flatten the curve" movement and leave messages advocating for the release of individuals detained in ICE facilities. A number of people have been released as part of this movement.

Campaign Zero:

Campaign ZERO is a data-informed platform that presents comprehensive solutions to end police violence in America. It integrates community demands and policy recommendations from research organizations and President Obama's Task Force on 21st Century Policing. Together, we will win.

Common Justice:

Develops and advances solutions to violence that transform the lives of those harmed and foster racial equity without relying on incarceration. Locally, we operate the first alternative-to-incarceration and victim-service program in the United States that focuses on violent felonies in the adult courts. Nationally, we leverage the lessons from our direct service to transform the justice system through partnerships, advocacy, and elevating the experience and power of those most impacted. Rigorous and hopeful, we build practical strategies to hold people accountable for harm, break cycles of violence, and secure safety, healing, and justice for survivors and their communities.

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Designing Justice + Designing Spaces:

An Oakland-based nonprofit architecture and real estate development firm with a mission to end mass incarceration and structural inequity. We have specific expertise in community engagement, evidence-based design research, and designing for peacemaking and reparation.

Black Lives Matter Foundation:

Black Lives Matter Foundation, Inc is a global organization in the US, UK, and Canada, whose mission is to eradicate white supremacy and build local power to intervene in violence inflicted on Black communities by the state and vigilantes.

It's Up to Us:

The It's Up to Us campaign is designed to empower San Diegans to talk openly about mental illness, recognize symptoms, utilize local resources and seek help. Find easy access to mental health and suicide prevention resources by using the links provided.

The Community Healing Network:

Our mission is to mobilize Black people across the African Diaspora to heal from the trauma caused by centuries of anti-Black racism, to free ourselves of toxic stereotypes, and to reclaim our dignity and humanity as people of African ancestry. Our vision is a world in which all Black people have moved beyond surviving to flourishing, and are enjoying life in all its fullness, in body, mind, and spirit.

Immigration, Critical Race and Equity Lab (IC-Race Lab):

Surviving and Resisting Hate: A toolkit for people of color

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The Psychology of Radical Healing:

What can psychology tell us about healing from racial and ethnic trauma?

The National Black Justice Coalition:

The National Black Justice Coalition (NBJC) is a civil rights organization dedicated to the empowerment of Black lesbian, gay, bisexual, transgender, queer and same gender loving (LGBTQ/SGL) people, including people living with HIV/AIDS. With a particular focus on federal public policy, NBJC is charged with the mission to end racism, homophobia, and LGBTQ/SGL bias and stigma. We work to: Give Voice to the lived experience of Black LGBTQ/SGL people; Take Action to eradicate racism and LGBTQ/SGL bias/stigma; and Build Networks with stakeholders, from the grassroots to the national stage, to support the empowerment of our communities. NBJC works at the intersection of the racial justice and LGBTQ/SGL equality movements by advocating for the unique needs of Black people that are too often ignored or rendered invisible.

Black Emotional And Mental Health Collective (BEAM):

We are a collective of advocates, yoga teachers, artists, therapists, lawyers, religious leaders, teachers, psychologists and activists committed to the emotional/mental health and healing of Black communities.

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Allyship

Part of the work of allyship is take initiative to learn how to be anti-racist. The resources in this section are intended as a starting point for allies who wish to educate themselves.

[75 Things White People Can Do for Racial Justice](#)

[Why I Am No Longer Talking To White People About Race](#)

[Anti-Racism Resources](#)

A compilation of resources including articles, videos, podcasts and books

[Anti-racism Resource Guide](#)

An even larger compilation of resources, including resources for a range of specific racism-related issues (e.g., housing, health, etc.) as well as specific ethnicities

Local Organizations/Advocacy Groups

[Urban League of San Diego County:](#)

Since 1953 the Urban League of San Diego has been a leader in empowering African American and other underrepresented communities and changing lives.

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Local Organizations/Advocacy Groups

National Association for the Advancement of Colored People NAACP/Action on Mr George Floyd:

The NAACP's principal objective is to ensure the political, educational, social and economic equality of minority citizens of the United States and eliminate race prejudice. The NAACP seeks to remove all barriers of racial discrimination through democratic processes.

Neighborhood House Association:

The mission of the Neighborhood House Association is to enrich lives through a continuum of education and wellness services.

Citizens Law Enforcement Review Board:

Mission: To increase public confidence in government and the accountability of law enforcement by conducting impartial and independent investigations of citizen complaints of misconduct concerning Sheriff's Deputies and Probation Officers employed by the County of San Diego.

Black Lives Matter San Diego:

San Diego's local chapter of Black Lives Matter. We believe and fight for liberation for ALL black people.

March for Black Womxn San Diego:

In 2017, Black Women in San Diego, led by Nyisha Green-Washington were inspired by Black Women's Blueprint National Call to Action to march and meet to lift up demands for racial justice, to denounce the propagation of state-violence and the widespread incarceration of Black women and girls, rape and all sexualized violence, the murders and brutalization of transwomen and the disappearances of our girls from our streets, our schools and our homes; to advocate for political change focused on intersectional women's rights issues like poverty, affordable housing, reproductive rights, immigration protections and must center on the most vulnerable .

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Local Organizations/Advocacy Groups

Black LGBTQ Coalition:

The San Diego Black LGBTQ Coalition strives to be a haven for OUR community. As your central hub for Queer Black life, our primary focus is connecting you to resources, events, and outlets that support and enrich your life, and providing opportunities to strengthen the community in which we live.

San Diegans for Justice:

Building community trust with fair and balanced reform to increase police accountability. San Diegans for Justice is proposing a ballot measure in November, 2020 to address local policing oversight.

San Diego Leaders:

Empowering leaders in under-represented communities to advance social justice policy agendas

San Diego Regional Interfaith Collaborative:

Supporting the multi-religious network for communication, compassion and service.

San Diego Bail Fund:

The DeDe McClure Bail Fund was created in the summer of 2018 out of the need to free San Diegans held captive by our racist and predatory bail system.

Instagram: @sdbailfund