# **DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY**

## SDSU Asian Pacific Islander Desi American (APIDA) Center



# Read all about it!!!

## **Check your email! Newsletter #17 is out!** If you didn't get it, don't miss out -Join the APIDA Center contact list: https://bit.ly/SDSUAPIDA





## Hours:

Mon-Thurs 10am-8pm Friday 10am-4:30pm

<u>Location:</u> 2nd floor of Aztec Student Union Rooms #210A-K (Directly above Starbucks)

### Center Website: https://sacd.sdsu.edu/apida Center Email: apida@sdsu.edu Director: Dr. Loh-Hagan at vloh-hagan@sdsu.edu Coordinator: Kathleen Dang at ksdang@sdsu.edu

# **Connect with us!**



@sdsuapidacenter

SDSU APIDA Resource Center



## **Director's Message from Dr. Loh-Hagan**



#### Happy Lunar New Year!

Tuesday, February 1 is Lunar New Year. Lunar New Year is celebrated by several East Asian and Southeast Asian American communities. There are many Lunar New Year traditions and superstitions. (As some of you may know, I am a children's book author and Chinese New Year is one of my favorite holidays to write about; in fact, I wrote two picture books about it!) Learn more about the holiday by reading our social media campaigns on our Instagram <u>@sdsuapidacenter</u>.

We are hosting a <u>virtual Lunar New Year event</u> on February 1st from 5-6pm. It is about the Lunar New Year practice of honoring our ancestors.

In addition, we are hosting an <u>in-person Lunar New Year Mixer</u> on Monday, February 7th from 12-2pm. Swing by and join us for crafting, games, and fun times. In addition, while supplies last, we will be giving away some goodie bags and tiger tattoos (because it's the year of the tiger)!

We are looking forward to seeing everyone back on campus on February 7th. At that time, we will resume our regular office hours (Monday 10:00-8:00pm; Friday 10:00-4:30pm). Come visit us! In the meantime, join us on our <u>APIDA Discord</u> until Feb 4th from 10-4pm.

Happy Lunar New Year to you and yours!

# **APIDA Center Highlights: News to Know!**



## **Celebrate Lunar New Year in San Diego!**

In San Diego, there are over 16.7% Asian Americans and 0.4% Pacific Islanders/Native Hawai'ians. San Diego is home to many vibrant APIDA communities such as <u>Little Saigon</u> and <u>Convoy District</u>. Starting this weekend, San Diego will be hosting several Lunar New Year celebrations. Read our "<u>Lunar New</u> <u>Year in San Diego</u>" social media campaign to learn more.

In addition to attending festivities, there are many other ways to celebrate the Lunar New Year including gathering with loved ones and eating lucky foods. There are many other things you can do to ensure a lucky new year; follow these traditional Chinese superstitions and bring in good fortune:

- Clean your house and wash your hair before February 1st. Get rid of all the bad luck from the previous year. (Cleaning on New Year's Day means washing away any good luck.)
- Wear red on February 1st. Red is a lucky color. It symbolizes happiness and long life. It is the color used to frighten away evil spirits.
- Avoid the number four. In the Chinese language, the word for "four" sounds like the word for "death." During the Lunar New Year celebrations, it's best to think good thoughts and say nice things!

Good luck to all and to all, good luck!



## **APIDA Center is hiring an Associate Director!**

Are you awesome? Do you want to work with awesome people and serve an awesome community at SDSU? We are growing our team! Learn more about the <u>Associate Director position by visiting the Human Resources webpage</u>. Review of applications will start on February 2nd. Get your application in as soon as possible.

Other SDSU Cultural Centers are also looking for awesome people. Here are some of the open positions:

- Assistant Director for the Center for Intercultural Relations
- Assistant Director for the Women's Resource Center
- <u>Coordinator</u> for Native Resource Center
- Assistant Coordinator for the Undocumented Resource Center
- Assistant Coordinator for the Center for Transformatice Justice

# **APIDA Flex Alerts**

- Jordan Valdez was featured in the <u>@sdsuadmissions</u> Instagram wall. Jordan, an Interdisciplinary Studies major, is currently serving as the Interim President of the SDSU <u>Pacific Islander Student Association</u> (PISA).
- Former APIDA Center Student Staff Member, <u>Dani Luistro</u>, is featured in the <u>AB Samahan</u> High School Conference <u>spotlight video</u>. She talked about the importance of making connections.
- Dr. Loh-Hagan has been invited to speak at the National Council for the Social Studies <u>100th Anniversary Conference</u> on February 5-6. Her topics include: "Teaching Tough Topics: Young Learners Can and Should Learn about Anti-Asian Hate" and "Including AAPI in Your Everyday Teaching."

## We want to celebrate you!

# Do you or someone you know from the SDSU APIDA community have a flex to share?

Email us at apida@sdsu.edu.

## **Upcoming APIDA Center Events**

#### Lunar New Year: Honoring our Ancestors

#### Link: https://sdsu.zoom.us/my/kathleendang

#### Tues, Feb. 1 from 5-6 p.m.

This session focuses on the Lunar New Year traditions of honoring our ancestors. Join us to learn about the different types of ceremonies and practices that take place during this holiday. This is also a supportive space to reflect on the elders of the APIDA community.

#### **Discord Game Party**

#### Link: https://bit.ly/APIDAdiscord

#### Fri, Feb. 4 from 4-5 p.m.

Join us on Discord for online party games and video chatting. All you need is a computer or a mobile device to join our game session! We'll host interactive games such as Gartic Phone, Skribblio, Jackbox Party Pack, and more!

#### Lunar New Year Mixer

Location: APIDA Center

#### Mon, Feb. 7 from 12-2 p.m.

To celebrate the Lunar New Year and the return of students to campus (new beginnings!), the APIDA Center will host a casual Lunar New Year Mixer. Come to play games, to craft, and to hang out! While supplies last, we will also be giving out goodie bags and tiger tattoos! Open to students, faculty, and staff!

#### Aging-Related Diseases among Asian Americans & Holistic Health Tips to Utilize Campus Resources

Zoom: https://SDSU.zoom.us/my/kathleendang

Tue, Feb. 22 from 2-3 p.m.

We are excited to host a workshop entitled, "Aging-Related Diseases among Asian Americans & Holistic Health Tips to Utilize Campus Resources." Increase your understanding of the importance of APIDA representation in public health research. This panel will share their knowledge about living healthier and happier lives. This workshop is hosted by <u>Cassie Doyle</u>, <u>Deepali Ernest</u>, Joy Ito, <u>Aaditi</u> <u>Varade</u>, and Dr. <u>Tianying Wu</u>.

#### Accelerating Technology and Sustainability Fee Open Forum

Location: APIDA Center

Thurs, Feb. 24 from 2-3 p.m.

This forum will explain the proposed fee increase, provide an opportunity for students to engage in conversation, and answer any questions. All students will have the opportunity to provide feedback during this forum. Learn more and submit feedback.

#### Student-Led Workshops & Student-Created Social Media Campaigns

Do you have expertise on a topic? Do you have a special skill? Consider sharing your knowledge with us! APIDA Center launched our Student-Led Workshops and Student-Created Social Media Campaigns. This is a great opportunity to show off your expertise and share your passion with others. It's also an opportunity to learn how to plan an event or prepare a campaign with our support. Work with an APIDA Center staff member who will serve as your project mentor. We are interested in any and all APIDA-related topics! If you are interested in participating, email us at apida@sdsu.edu.



Sign Up for Maker's Market

#### One SDSU x APIDA Center is hosting a MAKERS' MARKET!

Calling all <u>Makers, D.I.Y.ers</u>, entrepreneurs, and singer-songwriters! <u>One SDSU</u> and <u>APIDA Center</u> is hosting a MAKERS' MARKET! We want to show off your talents. We also want to provide you an opportunity to make a little money for yourself, for your student organization, and/or for a good cause. Sign up for a table and sell your homemade products. And/or, sign up to sing an original song on stage. Sign up by Feb 15 for priority consideration. There are limited spots and we will accept as many people as possible. We will confirm your participation by March 1. The actual Market will take place on Thursday, March 10th from 2-8pm in the Student Union Courtyard.

### **Opportunities**

- RSO Presidents and Treasurers are required to complete RSO and ILAT trainings in order for an organization to receive recognition. Please refer to your RSO application or email your Student Life Advisor. <u>Register for one or</u> <u>both trainings here</u>.
- <u>Aztec Nights</u> will be kicking off the spring semester with welcome back events! All events will be from 9pm-12am in the Aztec Student Union Courtyard. Follow their Instagram for more info: @aztecnightssdsu
  - Jan 28 Bizarre Nights: A Night of Mystery and Intrigue
  - Feb 11 High Stakes at State!
  - Feb 18 Y2K Throwb@ck Nit3
- <u>SDSU APSA</u> is hosting APSA Digital Night on January 29 from 8pm-10pm on the APSA Discord. <u>Follow their social media for updates</u>!
- SDSU <u>Women's Resource Center</u>'s Take Back the Week 2022 is a collaborative effort to spread awareness about sexual violence and provide support to survivors. Program proposals can be submitted until January 31. Any questions can be directed to <u>eaislas@sdsu.edu</u>. <u>Submit a proposal</u>.
- <u>SDSU KASA</u> has released their February schedule of General Body Meetings (GBM). <u>Follow their social media for updates</u>!
  - Feb. 2 Lunar New Year GBM
  - Feb. 11 Valentines GBM
  - Feb. 18 KPOP: B-Side GBM
- SDSU <u>CAL</u> and <u>PSFA</u> are hosting monthly <u>Virtual Student Success Seminars</u> on various topics related to student success, learning, and well-being. The seminars are taking place every First Friday at 11am on via Zoom ID: 824 1321 3217. Email <u>caladvising@sdsu.edu</u> for more information.
  - Feb. 4 Organization and Time Management
  - Mar. 4 Stress Management & Sleep Strategies
  - Apr. 8 Procrastination & Motivation
- SDSU <u>Center For Intercultural Relations</u> is hosting Purposeful Vision Boards on February 8 from 1pm-2pm. This virtual event will focus on creating a virtual vision board using goal-setting techniques. <u>RSVP for the event here</u>.

- <u>SDSU VSA</u> is hosting the following events this Spring semester. <u>Follow their</u> social media for updates!
  - 8th Annual Film Festival on February 12 from 6pm-10pm at SDSU Montezuma Theater.
  - First Annual High School Conference on March 5 from 8am-9pm. Opportunities are available to volunteer, to host workshops, and to perform at the talent show.
- <u>SDSU PISA</u> is hosting its High School Conference on February 27 from 8am-4pm at Aztec Student Union. Volunteer opportunities are available for SDSU students. <u>Follow their social media for updates</u>!
- <u>Asian Pacific Islander Capitol Association</u> (APICA) Summer Internship Program applications are now open. It is a 10-week program where interns can get insight on policy making at the state level in order to increase APIDA representation in legislation. <u>Apply by February 27</u>.

Give to the APIDA Center and help support our programs directly! Your donation, big or small, makes a huge difference for our center!

#### Give to the APIDA Center!

To read past newsletters, visit the APIDA Center newsletter archive!