## DIVISION OF STUDENT AFFAIRS AND CAMPUS DIVERSITY

SDSU Asian Pacific Islander Desi American (APIDA) Center



# Read all about it!!! Check your email! Newsletter #7 is out!

If you didn't get it, don't miss out Join the APIDA Center contact list: https://bit.ly/SDSUAPIDA





## **Location:**

2nd floor of Aztec Student Union Rooms #210A-K (Directly above Starbucks)

## **Hours:**

Mon-Thurs 10am-8pm Friday 10am-4:30pm

**connect with us!** 



Center Email: apida@sdsu.edu

Director: Dr. Loh-Hagan at vloh-hagan@sdsu.edu Coordinator: Kathleen Dang at ksdang@sdsu.edu



@sdsuapidacenter



SDSU APIDA Resource Center





APIDA Center | Instagram | Facebook

## **Director's Message from Dr. Loh-Hagan**



#### **Puzzle with the APIDA Center!**

We love puzzles! Over the past several weeks, we have collectively worked on two 1000-piece puzzles. There are many more puzzles in our future! Follow our puzzle adventures (and other antics) on our <u>Instagram</u>.

There are so many benefits to doing puzzles. Working on puzzles helps to reduce stress and increase mindfulness. It's super good for our brains; it improves memory, cognition, visual-spatial reasoning, problem-solving, creativity, and much more. It's also a great community-building, collaborative activity - not to mention the fact that it is so, so, so satisfying to place the last piece! **Chris Harold** said, "Doing puzzles is a really good pastime for hanging out and chilling with friends. My favorite part is finishing the puzzle and feeling a sense of accomplishment in having done something together."

If you have any fun puzzles (with all pieces intact), please consider donating it to the APIDA Center. We are eager to keep puzzling! Who knows - Maybe a world jigsaw puzzle competition is in our future! :) (I'm kinda serious....)

## **APIDA Center Highlights: News to Know!**



## APIDA Center hosts another super "Saturday School: Tagalog Edition"!

"Ingat!" Take care! On October 9th, we hosted our second Saturday School session. We learned how to say basic travel and direction words. Instructor/Guro Paolo Ramos had us play a game in which the class led a blindfolded person to a picture of a rice cooker by shouting direction words in Tagalog. Then, we made parols, which are Filipino ornamental lanterns displayed during Christmas. The most common parols are shaped as stars.

There are two more Saturdays left!!!! These classes will take place on Saturdays from 1-3pm at the APIDA Center. Check out our <a href="flyer">flyer</a>! RSVP here: <a href="https://bit.ly/FAHMSatSchool2021">https://bit.ly/FAHMSatSchool2021</a>



### **APIDA Center does Taka Art!**

On October 11, 13, and 15, the APIDA Center hosted a Taka art project. On Monday, we wrapped the mold with the first layer of paper. On Wednesday, we cut out the mold and re-wrapped. On Friday, we painted! Needless to say, we had messy hands and lots of fun. **Tyra Arandia** said, "It was very inspiring to learn about my culture in a very creative and comforting way. It was very relaxing."

Taka is a Filipino art form. (Think papier-mache.) It is made using a carved wooden sculpture as a mold. This mold is called a takaan. Common molds are animals (especially horses, chickens), dolls, and Christmas shapes. Taka started in the town of Paete, Laguna in the Philippines. Paete derives its name from paet, a Tagalog word for chisel which is a tool used in woodcarving.

(Fun Fact: Papier-mache originated in imperial China after the Chinese learned how to make paper. Chinese people used it to make warrior helmets, mirror cases, snuff boxes, or ceremonial masks.)



## APIDA Center learns about hometown hero, Telesforo Trinidad!

On Thursday, October 14, the APIDA Center hosted a cultural education program and panel about Telesforo Trinidad. Trinidad was a fireman in the U.S. Navy. In 1915, Trinidad was on board the *U.S.S. San Diego*. There were two explosions on the ship and Trinidad rescued fellow crewmen from the fires. For his bravery, he was awarded the Medal of Honor, becoming the first and only enlisted sailor of Filipino descent to have received such an honor.

We had the pleasure of speaking with Trinidad's grandson, Rene Trinidad, and Cecilia I. Gaerlan, who is a board member of the USS Telesforo Trinidad Campaign (USSTTC). This campaign's mission is to name the first U.S. Navy ship after a Filipino sailor. How can you help? Write to Congress members and ask them to write to the Secretary of the Nacy to support the USSTCC's petition. You could also directly write to the Secretary of the Navy.

## **APIDA Flex Alerts**

- In honor of Filipinx American History Month, Associated Students SDSU (<u>@as\_sdsu</u>) is highlighting SDSU Filipinx student leaders. For example, they have featured <u>Eugene Rueles</u>, AB Samahan Chair, and <u>Cassie Ira</u>, CHHS Representative.
- Dr. <u>Jennifer Imazeki</u>, Director of the <u>Center for Inclusive Excellence</u>, was featured in <u>Episode 383</u> of the Teaching in Higher Ed podcast. She talked about implicit bias in teaching. She said, "It is not about changing the bias or stopping the bias. It is about getting in between your internal reaction and your external reaction."
- <u>Jesca Prudencio</u>, Associate Professor in the School of Theatre, Television, and Film, was featured on <u>The Filipino American Woman Project</u>, a podcast of stories and life lessons told by American women of Filipino descent. This podcast is hosted by SDSU Alum <u>Jen Amos</u> and Nani Dominguez. Listen to the podcast <u>here!</u>

We want to celebrate you!

Do you or someone you know from the SDSU APIDA community have a flex to share?

Email us at <a href="mailto:apida@sdsu.edu">apida@sdsu.edu</a>.

#### **Upcoming APIDA Center Events**









#### **APIDA Center Support Spaces**

Location: APIDA Center Conference Room Fall 2021 beginning September 20

Mondays through Thursdays from 1-2pm

- . Mindful Monday Get yourself ready for
- Taboo Tuesday Let's discuss health. dating, and more!
- . Wind Down Wednesday Self-care is for everyone!
- Family Talk Thursday Let's navigate family struggles together!

APIDA Homeroom on Wednesdays & Thursdays from 2-4pm - Be productive, share study tips, and receive coaching on your current projects and assignments. We can also connect you with the resources you need for academic success!

#### **Saturday School Tagalog Edition**

Location: APIDA Center Conference Room Saturdays in October, 1-3pm Oct. 16 & Oct. 23

Come learn with us on Saturdays in October from 1-3pm at the APIDA Center for Filipinx American History Month! Each session will be accompanied by a relevant history lesson and a craft or activity. Open to all members of the SDSU community.

RSVP recommended here: https://bit.ly/ FAHMSatSchool2021

#### The Chinese American Experience & **Beyond Lecture Series**

Zoom: Zoom Registration Saturday October 16th at 10am

In support of the SDSU Chinese Cultural Center and the San Diego Chinese Historical Museum, Dr. Loh-Hagan will share her research and knowledge about the paper son/daughter experience at Angel Island. She will also discuss the challenges of teaching about the paper son experience and the connections to today's political landscape.

#### **Sewing Squad Sew-cials!**

Location: APIDA Center October 18th, November 1st, November 15th, November 29th, and December 13th at 4pm

Join the SDSU APIDA Center for our Sewing Squad Sew-cials! Supplies are provided. Make face masks and more with us.



#### Dr. Rey Monzon Data Lecture

Zoom: https://sdsu.zoom.us/my/vlohhagan

October 19th from 1-2pm

In honor of Dr. Rey Monzon (1957-2021), the APIDA Center is hosting a lecture on data during FAHM. This year, we are featuring RJ Taggueg. RJ Taggueg is a PhD Candidate at UC Davis and currently serves as the Director of Research at the Bulosan Center for Filipinx Studies.

#### MIKU AND THE GODS - Play & Panel **Discussion**

Zoom: Zoom Registration October 26, 4:30-6pm

Attend this FREE panel discussion about APIDA representation. Dr. Loh-Hagan is one of the panelists. In addition, go see "Miku and the Gods" at the Don Powell Stage (here at SDSU) from Oct 29th-Nov 5th.

#### Filipinx American History Month - October 2021

Theme: Know Our History, Know **Ourselves!** 

Join us for an entire month of online and inperson events celebrating Filipinx American History Month! Take a look at all of our events here!

#### Phi Beta Delta x APIDA Center Virtual Fall Symposium

Zoom: Zoom Registration November 15, from 10-2pm

Please join us as we kick off International Education Week. Phi Beta Delta (in partnership with the SDSU APIDA Center) is hosting a FREE Virtual Fall Symposium. The theme is "Learning From the Land." All are welcome!



#### Mon, Nov 15, 2021 from 10am-2pm PST

Zoom Registration: https://bit.ly/PBDAPIDAFallSymposium

FILIPINX AMERICAN HISTORY MONTH - OCTOBER 2021

THEME: KNOW OUR HISTORY, KNOW OURSELVES!

October 12, 9, 16, and 23 from 1-3pm: Saturday School - Tagalog Edition (APIDA Center)

October 2, 9, 16, and 23 from 1-3pm: Saturday School - Tagalog Edition (APIDA Center)

October 4 from 2-3pm: Student Mural 7587: A Convo with the Student Artists (Love Library)

October 6 from 3-4pm: The Past, Present, and Future of FilAm Studies at SDSU (com)

October 63: SM campaign about the Young Filipino People's Far West Convention (IG)

Oct 11.13, and 15th at 5pm: Filipino Taka Art (APIDA Center)

October 14 from 2-3pm: SD Fil-Am Hometown Hero: Telesforo Trinidad (zoom)

October 13 from 1-2pm: Dr. Rey Monzon Data Lecture - R.J. Taggueg (zoom)

October 13 from 1-2pm: Dr. Rey Monzon Data Lecture - R.J. Taggueg (zoom)

October 22: SM campaign about pensionados (IG)

October 22: SM campaign about pensionados (IG)

October 23: Form 2-3pm: Plone) Pop or P-pop (or Pop Grand)

October 27: from 6:30-9pm: LARC Film Screening of "Fan Girl" (zoom)

October 27: from 3-4pm: Discussion of FAMIR Meadings (APIDA Center)

October 28 (with One SDSU and APSA). Night Market (Artex Scudent Union)

October 29 at 4pm - San Diego Asian Film Festival's Fil-Am Movie Night (Ultra Star Theater)

- en. Farmer Activist
- cutive Director of Cultural Fire
- GRASS by Robin Wall Kim



### **Opportunities**

- The Bayanihan Filipino American Faculty and Staff Association is hosting an event in collaboration with the San Diego Chapter of the Filipino American National Historical Society (FANHS); the very organization that created FAHM. This online event takes place on Friday, October 15 at 7pm with a presentation from renowned Fil-Am activist and writer, Gayle Romasanta. She will be presenting on her long time activism and writing regarding the Fil-Am community; including significant work celebrating the legacy of Fil-Am labor movement leader, Larry Itliong. She will be discussing her current work in developing an upcoming musical based on his life and work. RSVP here.
- The SDSU Women's Resource Center (WRC) is seeking an Assistant Director. The application has been extended to Monday, October 18. The WRC Assistant Director will work with the Director, Faculty Scholar, Coordinator, and student staff to lead the WRC. For more information and details, click here.
- The Center for Student Organizations & Activities has opened the application for the 2021 Homecoming Court. The application is open until October 18. To apply, click here.
- Transfer Week is coming up! SDSU wants to highlight students and advocates of the transfer community. To participate, fill out the form here.
- Upcoming Aztec Student Union events this October:
  - Pumpkin Patch Palooza on October 19 from 6-8pm in the Student Union Courtyard.
  - Football viewing party (SDSU vs Air Force Academy) on October 23 at Aztec Lanes.
     Doors open at 3:30pm. Free bowling.
  - Monday Night Movie screening of "Step Brothers" on October 25 at 6:30pm at Student Union Theatre.
- College of Sciences Student Council is hosting a Town Hall on October 20th from 1-2pm at Park Boulevard, which is located on the first floor of the Student Union. The topic for this town hall is diversity, equity, and inclusion within the College of Sciences. For more info, email sdsusciences@gmail.com.
- SDSU Librarian Linda Salem will be presenting on "Takeo Takei, Aruki Taro and Japanese Children's Literature Illustration" on October 20 at 4pm at the San Diego Central Library. Registration link here.
- In honor of UndocuWeek of Empowerment, the Undocumented Resource Center will be hosting a film screening of "Your Iron Lady" on Friday, October 22 from 7-9pm at the Alla Lotta Wiik Auditorium (Arts and Letters Building, Room 201). Register here.
- The SDSU Spanglish Certificate invites conversations about bilingual therapy across various languages. This workshop centers Vietnamese language and will be facilitated by Tri Nguyễn. The workshop will take place on October 23 from 9:00am to 10:30am. Register here.
- ESAB and SPAA presents Trick or TrESAB for SDSU and community members! This is a family
  friendly event for students, student parents, and children. There will be food, games, crafts, and
  much more on Thursday, October 28 from 5 -7pm at Student Services East 2109. RSVP here.
- The 22nd annual San Diego Asian Film Festival (SDAFF) will take place from October 28 -November 6. SDAFF is looking for volunteers. Contact Managing Director Glenn Heath Jr. at glenn@pacarts.org.

Give to the APIDA Center and help support our programs directly! Your donation, big or small, makes a huge difference for our center! http://philanthropy.sdsu.edu/APIDA

To read past newsletters, visit this page!

